






## Help DMARC tackle hunger!

Souper Bowl of Caring is a national campaign that works to mobilize those looking to fight hunger and poverty in their own communities.

This year the big game falls on **Sunday, February 9.**

We need your help! The game plan is simple. You can start a food drive at your workplace or congregation or start a 'virtual' food drive and invite others to join you. Take a photo of your efforts and either email it to us, or tag us on social media (@desmoinesARC on facebook) so we can celebrate what you have done!

### Three ways you can give:

-  **Hold a traditional food drive.**
-  **Make an online donation.**
-  **Create an online fundraiser with your congregation.**

**Get started at:**  
[dmarcunited.org/drive](https://dmarcunited.org/drive)






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DMARC manages a Food Pantry Network consisting of 14 food pantry locations, a Mobile Food Pantry, and home delivery service. The DMARC Food Pantry Network is the largest network of its kind in Iowa, assisting over 75,000 unique individuals in 2024 through sites in Des Moines, Ankeny, Clive, Johnston, Urbandale and West Des Moines.

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 people assisted last year  
 were (0-17 years old).

**1 in 4**   
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**Let's unite to meet the need.**

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**Give time.  
 Give food.  
 Give funds.**



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[dmarcunited.org](https://dmarcunited.org)

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