


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

	1 11am-1pm Eastside SC 11am-1pm Howe Elem. 4-6pm Parkside East 4-6pm Merle Hay Mall	2 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm SSYMCA	3 11am-1pm Southside SC 11am-1pm Hiatt MS 4-6pm DART Central Station 4-6pm Chapel Ridge West	4
7 11am-1pm Deer Ridge 11am-1pm S. Union Elem.	8 11am-1pm Pioneer CRC 4-6pm OLOA 4-6pm Merle Hay Mall	9 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm SSYMCA	10 12-2pm Lyn Crossing 4-6pm Highland Park 4-6pm DART Central Station	11
14 11am-1pm NWCC 12-2pm Oakridge	15 11am-1pm Eastside SC 11am-1pm Morris Elem. 4-6pm Parkside East 4-6pm Merle Hay Mall	16 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm SSYMCA	17 11am-1pm Southside SC 11am-1pm Stowe Elem. 4-6pm DART Central Station 4-6pm Chapel Ridge West	18
21 CLOSED FOR HOLIDAY	22 11am-1pm 4 Mile CC 4-6pm OLOA 4-6pm Merle Hay Mall	23 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm SSYMCA	24 4-6pm Highland Park 4-6pm DART Central Station	25
28 11am-1pm NWCC 12-2pm Oakridge				

February 2022

1st & 3rd Saturday (February 5 & 19): 10am-12pm at Corinthian Baptist Church

CareMore Health

1530 E Euclid Ave
Des Moines, IA 50313
(515) 989-6001

Chapel Ridge West

210 S 31st Street
West Des Moines, IA 50265
(515) 225-4747

Corinthian Baptist Church

814 School Street
Des Moines, IA 50309
(515) 243-4073

DART Central Station

620 Cherry Street
Des Moines, IA 50309
(515) 283-8100

Deer Ridge Apartments

6009 Creston Avenue
Des Moines, IA 50321
(515) 244-8222

Eastside Senior Center

1231 E 26th Street
Des Moines, IA 50317
(515) 265-8461

**Fourmile Community
Recreation Center**

3711 Easton Blvd
Des Moines, IA 50317
(515) 248-6315

Hiatt Middle School

1214 E 15th Street
Des Moines, IA 50316
(515) 242-7774

**Highland Park
Christian Church**

4260 NW 6th Drive
Des Moines, IA 50313
(515) 244-3182

Howe Elementary School

2900 Indianola Avenue
Des Moines, IA 50315
(515) 242-8413

Lyn Crossing Apartments

2000 Meadow Chase Lane
Des Moines, IA 50320
(515) 953-0012

**Merle Hay Mall
(Applebee's)**

3900 Merle Hay Rd
Des Moines, IA 50310
(515) 276-8551

Morris Elementary

1401 Geil Ave
Des Moines, IA 50315
(515) 242-8421

**Northwest
Community Center**

5110 Franklin Avenue
Des Moines, IA 50310
(515) 279-2767

**Norwoodville
Senior Center**

3077 NE 46th Avenue
Des Moines, IA 50317
(515) 266-5794

Oakridge Neighborhood

1401 Center Street
Des Moines, IA 50309
(515) 244-7702

Our Lady of the Americas

1271 E 9th Street
Des Moines, IA 50316
(515) 266-6695

Parkside East

3560 E Douglas Avenue
Des Moines, IA 50317
(515) 264-0055

**Pioneer Columbus
Community
Recreation Center**

2100 SE 5th Street
Des Moines, IA 50315
(515) 248-6316

**Primary Health Care
East Side Clinic**

3509 E 29th Street
Des Moines, IA 50317
(515) 248-1600

South Side Senior Center

100 Payton Ave
Des Moines, IA 50315
(515) 287-0092

South Suburban YMCA

401 E Army Post Road
Des Moines, IA 50315
(515) 285-0444

South Union Elementary

4201 S Union Street
Des Moines, IA 50315
(515) 242-8409

Stowe Elementary

1411 E 33rd Street
Des Moines, IA 50317
(515) 242-8435

**QUESTIONS?**

Contact Joe Dolack at
jdolack@dmarcunited.org or (515) 318-9228.

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