

**MARTES**

**MIÉRCOLES**

**JUEVES**

**VIERNES**

**LUNES**

	<p><b>1</b></p> <p>11am-1pm Eastside SC 11am-1pm Howe Elem. 4-6pm Parkside East 4-6pm Merle Hay Mall</p>	<p><b>2</b></p> <p>9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm SSYMCA</p>	<p><b>3</b></p> <p>11am-1pm Southside SC 11am-1pm Hiatt MS 4-6pm DART Central Station 4-6pm Chapel Ridge West</p>	<p><b>4</b></p>
<p><b>7</b></p> <p>11am-1pm Deer Ridge 11am-1pm S. Union Elem.</p>	<p><b>8</b></p> <p>11am-1pm Pioneer CRC 4-6pm OLOA 4-6pm Merle Hay Mall</p>	<p><b>9</b></p> <p>9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm SSYMCA</p>	<p><b>10</b></p> <p>12-2pm Lyn Crossing 4-6pm Highland Park 4-6pm DART Central Station</p>	<p><b>11</b></p>
<p><b>14</b></p> <p>11am-1pm NWCC 12-2pm Oakridge</p>	<p><b>15</b></p> <p>11am-1pm Eastside SC 11am-1pm Morris Elem. 4-6pm Parkside East 4-6pm Merle Hay Mall</p>	<p><b>16</b></p> <p>9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm SSYMCA</p>	<p><b>17</b></p> <p>11am-1pm Southside SC 11am-1pm Stowe Elem. 4-6pm DART Central Station 4-6pm Chapel Ridge West</p>	<p><b>18</b></p>
<p><b>21</b></p> <p><b>CERRADO POR LAS FIESTAS</b></p>	<p><b>22</b></p> <p>11am-1pm 4 Mile CC 4-6pm OLOA 4-6pm Merle Hay Mall</p>	<p><b>23</b></p> <p>9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm SSYMCA</p>	<p><b>24</b></p> <p>4-6pm Highland Park 4-6pm DART Central Station</p>	<p><b>25</b></p>

<p><b>28</b></p> <p>11am-1pm NWCC 12-2pm Oakridge</p>
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**Despensa Móvil de Alimentos (DMPS)**

**Febrero 2022**

primeros y terceros SÁBADOS (febrero 5 y 19): 10am-12pm a Corinthian Baptist Church

**CareMore Health**

1530 E Euclid Ave  
Des Moines, IA 50313  
**(515) 989-6001**

**Chapel Ridge West**

210 S 31st Street  
West Des Moines, IA 50265  
**(515) 225-4747**

**Corinthian Baptist Church**

814 School Street  
Des Moines, IA 50309  
**(515) 243-4073**

**DART Central Station**

620 Cherry Street  
Des Moines, IA 50309  
**(515) 283-8100**

**Deer Ridge Apartments**

6009 Creston Avenue  
Des Moines, IA 50321  
**(515) 244-8222**

**Eastside Senior Center**

1231 E 26th Street  
Des Moines, IA 50317  
**(515) 265-8461**

**Fourmile Community Recreation Center**

3711 Easton Blvd  
Des Moines, IA 50317  
**(515) 248-6315**

**Hiatt Middle School**

1214 E 15th Street  
Des Moines, IA 50316  
**(515) 242-7774**

**Highland Park Christian Church**

4260 NW 6th Drive  
Des Moines, IA 50313  
**(515) 244-3182**

**Howe Elementary School**

2900 Indianola Avenue  
Des Moines, IA 50315  
**(515) 242-8413**

**Lyn Crossing Apartments**

2000 Meadow Chase Lane  
Des Moines, IA 50320  
**(515) 953-0012**

**Merle Hay Mall (Applebee's)**

3900 Merle Hay Rd  
Des Moines, IA 50310  
**(515) 276-8551**

**Morris Elementary**

1401 Geil Ave  
Des Moines, IA 50315  
**(515) 242-8421**

**Northwest Community Center**

5110 Franklin Avenue  
Des Moines, IA 50310  
**(515) 279-2767**

**Norwoodville Senior Center**

3077 NE 46th Avenue  
Des Moines, IA 50317  
**(515) 266-5794**

**Oakridge Neighborhood**

1401 Center Street  
Des Moines, IA 50309  
**(515) 244-7702**

**Our Lady of the Americas**

1271 E 9th Street  
Des Moines, IA 50316  
**(515) 266-6695**

**Parkside East**

3560 E Douglas Avenue  
Des Moines, IA 50317  
**(515) 264-0055**

**Pioneer Columbus Community Recreation Center**

2100 SE 5th Street  
Des Moines, IA 50315  
**(515) 248-6316**

**Primary Health Care East Side Clinic**

3509 E 29th Street  
Des Moines, IA 50317  
**(515) 248-1600**

**South Side Senior Center**

100 Payton Ave  
Des Moines, IA 50315  
**(515) 287-0092**

**South Suburban YMCA**

401 E Army Post Road  
Des Moines, IA 50315  
**(515) 285-0444**

**South Union Elementary**

4201 S Union Street  
Des Moines, IA 50315  
**(515) 242-8409**

**Stowe Elementary**

1411 E 33rd Street  
Des Moines, IA 50317  
**(515) 242-8435**

**¿PREGUNTAS?**

Contacta a Joe Dolack a [jdolack@dmarcunited.org](mailto:jdolack@dmarcunited.org) o (515) 318-9228.

**[dmarcunited.org/food/mobile](https://dmarcunited.org/food/mobile)**

*Esta institución es un proveedor que ofrece igualdad de oportunidades.*

